

Breakfast

V Vegetarian



TRADITIONAL GRILLS*

Our traditional breakfast is served with two eggs*, English country potatoes** (red and russet potatoes, grilled with onions and bell peppers) OR fresh fruit and your choice of toast, crumpet, bagel OR

Add one of the following:

- Bacon, Link Sausage, Canadian Bacon,
 Smoked Ham OR Tempeh Strips **①** 10.75
- Banger (English sausage), Linguica OR Chicken Apple Sausage......**11.00**

VEGETARIAN PUB GRILLS

Tofu, tastefully scrambled with the following combinations, and served with English country potatoes** (red and russet potatoes, grilled with onions and bell peppers) OR fresh fruit and your choice of toast, crumpet, bagel OR English muffin. (substitute house-made scone, add 1.25)

red onions V	9.75
CURRY and green onions, served witl	h
Branston pickle @	9.75

DESTO (made with walnuts) and

FRESH SPINACH, broccoli, sun-dried tomatoes and goat cheese **v**......**10.25**

CREATIVE TOFU with items you select from the Creative Omelet list**7.50/base**



FULL ENGLISH †



BENEDICT ARNOLD*

Split Orders, add 2.25

HOUSE-MADE SCONE MINIS

A delicious bowl of house-made miniature scones dusted with powdered sugar and served with

Devonshire cream**6.75**

OMELETS*

Our three egg* omelets are served with English country potatoes** (red and russet potatoes, grilled with onions and bell peppers) OR fresh fruit and your choice of toast, crumpet, bagel OR English muffin. (substitute house-made scone, add 1.25)

BRITISH Bangers (English sausage), red onions and English cheddar......**11.00**

DENVER Smoked ham, cheddar, red onions and bell peppers......**11.00**

MEXICAN Tomatoes, green chiles, red onions and Monterey jack, topped with house-made salsa and sour

WELSH RAREBIT Welsh rarebit cheese sauce, tomatoes and red onions v......10.25
Smoked ham, add......2.00
Green chiles, add......1.50

NEW YORKER Smoked salmon, cream cheese, red onions and capers..............12.25

• Fresh spinach, add1.50

CALIFORNIAN Grilled seasoned chicken breast, tomatoes, avocado and Monterey jack11.5

ATHENA Feta cheese, Kalamata olives, tomatoes, fresh spinach and red onions **v****10.7**

BBC House-made spicy vegetarian black bean chili, cheddar and sour cream **v**.....

eam **v**......10.25 • Avocado, add......2.00

CORNED BEEF HASH*

* Free Range eggs available, add .95 per egg **Substitute deluxe potatoes, add 3.25

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SMOKED SALMON PLATE

Served with capers, tomatoes, red onions, cream cheese and a toasted bagel10.50

CREATIVE OMELET†

Combine one OR more of the following to create an omelet as individual

7.50	/
as you	
Smoked Salmon	
• Grilled Seasoned Chicken Breast	
Ground Beef	
• Spicy Vegetarian Black Bean Chili	
Bangers (English sausage)	
Chicken Apple Sausage	
Linguica	
Marinated Tempeh Strips ♥	2.50
Bacon	2.00
Canadian Bacon	2.00
Smoked Ham	2.00
Welsh Rarebit Cheese Sauce	2.00
English Cheddar	2.00
English Stilton	2.00
• Feta Cheese	2.00
Goat Cheese	2.00
Avocado	
Grated Parmesan	
Cream Cheese	1.50
Mild Cheddar	1.50
Monterey Jack	1.50
• Swiss	1.50
• Pesto (made with walnuts)	1.50
Artichoke Hearts	1.50
Capers	
Jalapeños	1.50
Kalamata Olives	
Broccoli	
Mushrooms	1.50
Roasted Red Peppers	1.50
Bell Peppers	
Green Chiles	
Pepperoncinis	

• Salsa

Fresh Spinach.....

Sun-Dried Tomatoes.....

.1.50

.....1.50

.....1.50 1.50

....1.50

Sour Cream....

Tomatoes

Red Onions.....

• Zucchini.....

Served raw or undercooked or contains raw or undercoooked ingredients. Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions



WAFFLES, ETC.



THE FULL MONTY *

Choose from pancakes, traditional waffle OR French toast, served with butter and syrup, two eggs* and your choice of bacon OR link sausage... 11.50

TRADITIONAL WAFFLE	Served with sliced bananas, almonds,
	9.25
Substitute whole grain	in waffle9.75

BUTTERMILK PANCAKES

DOTTERWILL FAITCAIL		
Served with butter and sy	rup8.7	5
Short stack	6.7	5

FRENCH TOAST

Three slices of cinnamon raisin, whole wheat, sourdough OR wheat sourdough walnut in our special batter, served with butter 8.00 • Short order.

BITS & PIECES

• Toast: Whole wheat, swirled rye, sourdough, cinnamon raisin	
OR wheat sourdough walnut	3.00
English Muffin, Crumpet OR Bagel	2.75
House-made Scone	4.00
Cream Cheese, Whipped Cream, Devonshire Cream OR	
Lemon Curd	1.75
Bacon OR Link Sausage	4.00
Canadian Bacon, Smoked Ham, Linguica, Banger OR	
Chicken Apple Sausage	
◆ Tempeh Strips ◆	4.50
• Two Eggs [†] *	3.75
Grilled Tomatoes	1.75
• English Country Potatoes Red and russet potatoes, grilled	
with onions and bell peppers 🗹	4.50
• Corned Beef Hash House-roasted brisket and English country potatoes (red and russet potatoes, grilled with	
onions and bell peppers)	. 6.75
Deluxe Potatoes English country potatoes (red and russet)	
potatoes, grilled with onions and bell peppers) topped with	
cheddar, green chiles, tomatoes and sour cream v	7.75

^{*} Free Range eggs available, add .95 per egg







THE HISTORY OF FOX & GOOSE PUBLIC HOUSE

For centuries pubs have been the gathering place for English men and women seeking a pint of ale, a game of darts or a visit with old friends...in every way a true "public house."

Located in the hometown of co-founder, Bill Dalton, the original Fox & Goose has been in operation for over 200 years in Hebden Bridge, West Yorkshire, a small town located near the scenic Moors of northern England.

FRESH FRUIT BOWL

Assorted freshly cut, seasonal fruits	5.25/7.00
Granola OR yogurt, add	1.50

GRANOLA

Our special blend of raw oats, walnuts, almonds, sunflower seed	ls,
honey, raisins, spices and orange zest toasted to perfection	7.50
With fresh fruit	8.50
Soy milk, almond milk OR cream, add	1.50

HARVEST GRAINS

Barley, cracked wheat, wild rice, brown rice and apples, served	hot
with raisins and milk	7.25
Sov milk, almond milk OR cream, add	1.50

BREAKFAST TOPPINGS

 Mixed fresh fruit, warm ollalieberries, toasted pecans OR 	
sliced bananassliced bananas	2.00
• Walnuts, almonds, raisins, cream cheese, whipped cream,	
peanut butter OR Devonshire cream	1.75

BEVERAGES

Coffee	3.25
Hot Chocolate	3.00
Hot Teas	3.25
Black Teas: English Breakfast, Earl Grey, Darjeeling, O	range Spice
Decaf Teas: English Breakfast, Chamomile, Licorice Sp	oice,
Peppermint, Green Tea	
Chai Latte	4.00
• Espresso	2.75
Cappuccino	3.50
Café Latte	3.75
Café Mocha	4.00
White Mocha	4.25
• Extra Shot	1.50
• Vanilla, Hazelnut, Caramel OR Peppermint Syrup	1.50
• Milk	2.75
Chocolate Milk	3.00
Almond Milk	3.75
• Soy Milk	3.25
Fresh Squeezed Orange Juice	3.75
• Tomato, Cranberry OR Apple Juice	3.25
• Fresh House-Made Lemonade	3.75
Cranberry/Lemonade	3.75
• Iced Tea	3.00
• Iced Tea/Lemonade	3.50
Bottled Water (still OR sparkling)	2.75
• Sodas (free refills): Coke, Diet Coke, 7-UP, Mr. Pibb,	
Root Beer, Ginger Ale, Soda Water	3.00

Sacramento's Fox & Goose, although not nearly as old as the original, has captured the traditional qualities and added an atmosphere all its own.

Fox & Goose is housed in what was once the Fuller Paint and Glass Company. This distinctive brick building was constructed in 1917. Work on Fox & Goose began in January 1972, with the grand opening occuring on January 15, 1975.