

Breakfast

V Vegetarian



PUB GRILLS

Add one of the following:



FULL ENGLISH



CORNED BEEF HASH



BENEDICT ARNOLD

Our version of this classic consists of two poached eggs* and your choice of Canadian bacon, bacon, house roasted corned beef, fresh spinach, tempeh strips or tomatoes on an English muffin, served with Welsh rarebit cheese sauce and English country potatoes** (red and russet potatoes, grilled with onions and bell peppers) or fresh fruit...... 9.75 Substitute smoked salmon, add 2.25



THE FULL MONTY

Choose from pancakes, traditional waffle or French toast, served with butter and syrup, two eggs* and your choice of bacon or link sausage......9.25

Split Orders, add 2.00

OMELETS

Our three egg* omelets are served with English country potatoes** (red and russet potatoes, grilled with onions and bell peppers) or fresh fruit and your choice of toast, crumpet, bagel or English muffin. (substitute house-made scone, add .50)

BRITISH Bangers (English sausage), red onions and English cheddar......**9.25**

KEW GARDENS Fresh spinach, roasted red peppers, zucchini, mushrooms and red onions **v**8.75

• Feta or goat cheese, add **1.50**

DENVER Smoked ham, cheddar, red onions and bell peppers.......9.25

• Green chiles, add......95

CALIFORNIAN Grilled seasoned chicken breast, tomatoes, avocado and Monterey jack9.50

BBC House-made spicy vegetarian black bean chili, cheddar and sour cream v ..8.95

VEGETARIAN PUB GRILLS

Tofu, tastefully scrambled with the following combinations, and served with English country potatoes** (red and russet potatoes, grilled with onions and bell peppers) or fresh fruit and your choice of toast, crumpet, bagel or English muffin. (substitute house-made scone, add .50)

PESTO (made with walnuts) and red onions v8.25

CURRY and green onions, served with Branston pickle W8.25

FRESH SPINACH, broccoli, sun-dried tomatoes and goat cheese v8.75

CREATIVE TOFU with items you select from the Creative Omelet list**6.50/base**

* Free Range eggs available .25/egg extra

** Substitute deluxe potatoes, add add 2.95

CREATIVE OMELET

Combine one or more of the following to create an omelet as individual Smoked Salmon..... 2.50 Grilled Seasoned Chicken Breast......2.25 • Ground Beef..... • Spicy Vegetarian Black Bean Chili.....2.25 • Bangers (English sausage)1.75 Chicken Apple Sausage......1.75 • Marinated Tempeh Strips @1.75 Smoked Ham..... • Welsh Rarebit Cheese Sauce1.50 Avocado • Pesto (made with walnuts)......1.25 Artichoke Hearts......95 Capers..... • Jalapeños95 • Broccoli......95 Mushrooms..... Roasted Red Peppers95 Bell Peppers......95 • Green Chiles.......9595 • Salsa..... Sour Cream.....95 • Fresh Spinach......95 • Tomatoes Red Onions95 • Zucchini95



QUICHE

House-made, deep dish served with your choice of English country potatoes** (red and russet potatoes, grilled with onions and bell peppers) or fresh fruit. Ask your server for today's selection.......9.25



Breakfast

WAFFLES, ETC.

TRADITIONAL WAFFLE	
Served with butter and syrup	6.25
WHOLE GRAIN WAFFLE	6.75
BUTTERMILK PANCAKES	
Served with butter and syrup	6.75
Short stack	5.75
FRENCHTOAST	

FRESH FRUIT BOWL

- REGITTROIT DOTTE	
Assorted freshly cut, seasonal fruits	4.50/6.25
Granola or yogurt, add	

BITS & PIECES

• Toast: Whole wheat, swirled rye, sourdough, cinnamon raisin	
OR wheat sourdough walnut	2.50
English Muffin, Crumpet OR Bagel	2.25
House-made Scone	2.95
Cream Cheese, Whipped Cream, Devonshire Cream OR	
Lemon Curd	1.00
Bacon OR Link Sausage	3.50
Canadian Bacon, Smoked Ham, Linguisa, Bangers OR	
Chicken Apple Sausage	3.95
• Tempeh Strips v	3.95
• Two Eggs*	3.25
Grilled Tomatoes	1.50
• English Country Potatoes Red and russet potatoes, grilled	
with onions and bell peppers	3.75
• Corned Beef Hash House roasted brisket and English country	/
potatoes (red and russet potatoes, grilled with onions and bel	I
peppers)	5.75
• Deluxe Potatoes English country potatoes (red and russet	
potatoes, grilled with onions and bell peppers) topped with	
cheddar, green chiles, tomatoes and sour cream	6.75

^{*} Free Range eggs available .25/egg extra



THE HISTORY OF FOX & GOOSE PUBLIC HOUSE

For centuries pubs have been the gathering place for English men and women seeking a pint of ale, a game of darts or a visit with old friends...in every way a true "public house."

Located in the hometown of co-founder, Bill Dalton, the original Fox & Goose has been in operation for over 200 years in Hebden Bridge, West Yorkshire, a small town located near the scenic Moors of northern England.

GRANOLA

Our special blend of raw oats, walnuts, almonds, sunflower seeds,	
honey, raisins, spices and orange zest toasted to perfection 6.25	5
With fresh fruit	5
Soy milk or cream, add	5

HARVEST GRAINS

Barley, cracked wheat, wild rice, brown rice and appl	es, served hot
with raisins and milk	6.25
Toasted pecans, add	1.25
Sov milk or cream add	95

BREAKFAST TOPPINGS

· Coffee

• Mixed fresh fruit, warm ollalieberries, toasted pecans or	
sliced bananas	1.25
• Walnuts, almonds, raisins, cream cheese, whipped cream,	

peanut butter or Devonshire cream

BEVERAGES

2.75

COTTCC	2.75
• Hot Chocolate	2.50
• Hot Tea	2.95
Black Teas: English breakfast, Earl Grey, darjeeling, orange s	spice
Decaf Teas: English breakfast, chamomile, licorice spice,	
peppermint, green tea	
Chai Latte	3.50
• Espresso	2.25
Cappuccino	2.95
Café Latte	3.25
Café Mocha	3.50
White Mocha	3.75
• Extra Shot	95
Vanilla or Caramel Syrup	50
• Milk	2.50
Chocolate Milk	
• Soy Milk	2.95
Fresh Squeezed Orange Juice	
• Tomato, Cranberry or Apple Juice	
• Fresh House-made Lemonade	
Cranberry/Lemonade	3.25
• Iced Tea	2.75
• Iced Tea/Lemonade	
Bottled Water (still or sparkling)	2.50
• Sodas (free refills): Coke, Diet Coke, 7-up, Dr. Pepper, root b	eer,

Ask your server about our current FEATURED DRAUGHTS and PREMIUM WINES!

Sacramento's Fox & Goose, although not nearly as old as the original, has captured the traditional qualities and added an atmosphere all its own.

ginger ale, soda water......

Fox & Goose is housed in what was once the Fuller Paint and Glass Company. This distinctive brick building was constructed in 1917. Work on Fox & Goose began in January 1972, with the grand opening occuring on January 15, 1975.